



Email: sphnw@evertoncentyre.sch.uk

Website: www.evertonnurseryschoolandfamilycentre.org

SELF REGULATION IN THE EYFS

Self-regulatory skills can be defined as the ability of children to manage their own behaviour and aspects of their learning. In the early years, efforts to develop self-regulation often seek to improve levels of self-control and reduce impulsivity. These skills are also sometimes described as executive function capability.



CPD Sessions are delivered by
Liverpool City Region and Beyond Stronger Practice Hub

**Face to face training in Warrington. The Hub, 79 Capesthorpe Road
WA2 0JF**

One day CPD split into two half days of delivery with a short gap task

1st session Friday 7th February 9 - 12 noon

2nd session Thursday 13th February 9 – 12 noon

Open to all Early Years practitioners in the Liverpool City Region and Beyond Stronger Practice Hub Local Authorities. PVI's, Nursery Schools and Nursery school staff in primary schools.