

EVERTON NURSERY SCHOOL AND FAMILY CENTRE

WEEK ONE - Monday 2nd September 2024 – Friday 6th September 2024
Monday 30th September 2024 – Friday 4th October 2024

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Meat Balls With Bolognese Sauce Pasta And Garlic Bread	Chicken Goujons With Sliced Potatoes And Green Beans	Sausage With Hash Brown And Baked Beans	Sweet Potato and Butternut Squash Soup With Assorted Rolls	Fish Finger With Chipped Potatoes And Peas
Vegetarian Option	Vegetable Meat Balls	Quorn Fillets	Vegetable Sausage	Same as Main	Vegetable Finger
Halal Option	Vegetable Meat Balls	Quorn Fillets	Halal Sausage	Same as Main	Same as Main
Desserts	Cheese and Crackers Fresh Fruit Salad Natural Yogurt	Cheese and Crackers Fresh Fruit Salad Natural Yogurt	Cheese and Crackers Fresh Fruit Natural Yogurt	Cheese and Crackers Fresh Fruit Salad Natural Yogurt	Cheese and Crackers Fresh Fruit Salad Natural Yogurt

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WEEK THREE – Monday 16th September 2024 – Friday 20th September 2024
Monday 14th October 2024 – Friday 18th October 2024

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Chicken Curry With Steamed Rice	Fish Cake With Steamed Potatoes And Sweetcorn	Vegetable Soup With Assorted Rolls	Sausage With Hash Brown And Baked Beans	Roast Chicken With Roast Potatoes And Carrots and Broccoli
Vegetarian Option	Quorn Pieces	Vegetable Grill	Same as Main	Quorn Sausage	Quorn Roast
Halal Option	Same as Main	Same as Main	Same as Main	Halal Sausage	Same as Main
Desserts	Cheese and Crackers Fresh Fruit Salad Natural Yogurt	Cheese and Crackers Fresh Fruit Salad Natural Yogurt	Cheese and Crackers Fresh Fruit Salad Natural Yogurt	Cheese and Crackers Fresh Fruit Salad Natural Yogurt	Cheese and Crackers Fresh Fruit Salad Natural Yogurt

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**WEEK TWO – Monday 9th September 2024 – Friday 13th September 2024
Monday 7th October 2024 – Friday 11th October 2024**

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Sausage Roll With Potato Wedges And Baked Beans	Lasagne With Garlic Bread And Sweetcorn	Roast Chicken With Roast Potatoes, Mixed Vegetables And Gravy	Fish Goujons With Chipped Potatoes And Garden Peas	Mince and Vegetables With Steamed Potatoes
Vegetarian Option	Vegetable Sausage	Vegetable Mince	Quorn Roll	Vegetable Finger	Quorn Mince
Halal Option	Halal Sausage	Halal Mince	Same as Main	Same as Main	Halal Mince
Deserts	Cheese and Crackers Fresh Fruit Salad Natural Yogurt	Cheese and Crackers Fresh Fruit Salad Natural Yogurt	Cheese and Crackers Fresh Fruit Salad Natural Yogurt	Cheese and Crackers Fresh Fruit Salad Natural Yogurt	Cheese and Crackers Fresh Fruit Salad Natural Yogurt

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**WEEK FOUR – Monday 23rd September 2024 – Friday 27th September 2024
Monday 21st October – Friday 25th October 2024**

Week 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Mince and Vegetables With Steamed Potatoes	Fish Finger With Chipped Potatoes And Sweetcorn	Spaghetti Bolognese With Garlic Bread	Sausage Roll With Potato Wedges And Baked Beans	Chicken Goujons With Steamed Potatoes And Peas
Vegetarian Option	Quorn Mince	Vegetable Finger	Quorn Mince	Vegetable Sausage	Quorn Chicken
Halal Option	Halal Mince	Same as Main	Halal Mince	Halal Sausage	Halal Chicken
Deserts	Cheese and Crackers Fresh Fruit Salad Natural Yogurt	Cheese and Crackers Fresh Fruit Salad Natural Yogurt	Cheese and Crackers Fresh Fruit Salad Natural Yogurt	Cheese and Crackers Fresh Fruit Salad Natural Yogurt	Cheese and Crackers Fresh Fruit Salad Natural Yogurt